

# Group Homework

*For the week of April 26, 2020*

## GETTING TO KNOW ME:

- What were you most afraid of as a child?
  
- What are you most afraid of as an adult?

## REVIEW:

What is something that stuck out to you from this weekend's message?

## DIGGING DEEPER:

Everyone understands the reality of blind spots, even if we can't always recognize them in our own lives. In light of this reality, we are beginning a new series to deal with certain blind spots, how we can recognize them and what steps we can take to remove them from our lives. Fear and anxiety are things we can often see much easier in someone else's life than in our own, so this week we are talking about what the Bible has to say about these very real issues.

Read: **Exodus 14:10-14**

1. Have you ever been called out for a blind spot in your life?
  - a. How did you react to that experience?
  
2. What is the importance of trying to be aware of our blind spots?

3. Are you someone who struggles with fear and anxiety? (Explain)
  - a. Compare and contrast fear and anxiety; how are they alike and how are they different?
  
4. Has fear ever kept you from doing something you wanted to do?
  
5. When you think about the full life Jesus wants for us (John 10:10), what comes to mind?
  - a. Explain how we are to fear the Lord (Proverbs 1:7) if fear and anxiety are such negative things.
  
6. Fear and anxiety can damage our lives in a variety of ways, of the four things discussed in the sermon (doubt, turns us into victims, makes us stubborn, destroys our vision for the future), which do you see most often in your life?
  - a. What have you done in the past to try and overcome this?
  
7. What is the importance of realizing that none of us are in complete control of our lives?

**ONE LIFE:**

Do you ever see blind spots in your one life? How might you bring those up in a constructive way?

**APPLICATION**

1. Is there a specific fear or anxiety you're wrestling with right now?
2. Based on this message, what are some steps you can take to try to let go of or overcome this?
3. Is there someone you can talk to about this?

**PRAYER REQUESTS:**

Share pictures of your group! #mpccgroups

The homework is available to do and save on the MPCC App!

Click: Groups – Date (of homework).